

MAY 2021 ZOOM CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
2 Orthodox Easter 	3 11:00 A.M. ZUMBA GOLD TONING W/MARY LEE 2:00 P.M. ** AEROBICS W/DONNA 3:30 P.M. ARTHRITIS, BALANCE W/MARY-LEE	4 1:00 FIT FOR LIFE W/SILVIA	5 Cinco De Mayo 10:00 A.M. ZUMBA GOLD W/MARY LEE 11:30 A.M. CHAIR YOGA W/DIANE 2:00 P.M. ARTHRITIS, BALANCE W/MARY-LEE	6 10:00 A.M. CHAIR ZUMBA W/MARY LEE 11:30 YOGA & MEDITATION W/MARY ANN G. ** 2:00 P.M. COFFEE HR W/ALI	7 ** 10:00 A.M. FSB W/DONNA 11:00 A.M. DANCERCISE W/DONNA 12:15 P.M. ZUMBA GOLD SEATED W/MARY-LEE	8 
9 Mother's Day 	10 11:00 A.M. ZUMBA GOLD TONING W/MARY LEE 2:00 P.M. ** AEROBICS W/DONNA 3:30 P.M. ARTHRITIS, BALANCE W/MARY-LEE	11 1:00 FIT FOR LIFE W/SILVIA	12 10:00 A.M. ZUMBA GOLD W/MARY LEE 11:30 A.M. CHAIR YOGA W/DIANE 2:00 P.M. ARTHRITIS, BALANCE W/MARY-LEE	13 10:00 A.M. CHAIR ZUMBA W/MARY LEE 11:30 YOGA & MEDITATION W/MARY ANN G. ** 2:00 P.M. COFFEE HR W/ALI	14 ** 10:00 A.M. FSB W/DONNA 11:00 A.M. DANCERCISE W/DONNA 12:15 P.M. ZUMBA GOLD SEATED W/MARY-LEE	15 
16 	17 11:00 A.M. ZUMBA GOLD TONING W/MARY LEE 2:00 P.M.** AEROBICS W/DONNA 3:30 P.M. ARTHRITIS, BALANCE W/MARY-LEE	18 1:00 FIT FOR LIFE W/SILVIA	18 10:00 A.M. ZUMBA GOLD W/MARY LEE 11:30 A.M. CHAIR YOGA W/DIANE 2:00 P.M. ARTHRITIS, BALANCE W/MARY-LEE	20 10:00 A.M. CHAIR ZUMBA W/MARY LEE 11:30 YOGA & MEDITATION W/MARY ANN G. ** 2:00 P.M. COFFEE HR W/ALI	21 ** 10:00 A.M. FSB W/DONNA 11:00 A.M. DANCERCISE W/DONNA 12:15 P.M. ZUMBA GOLD SEATED W/MARY-LEE	22 
23 	24 11:00 A.M. ZUMBA GOLD TONING W/MARY LEE 2:00 P.M. ** AEROBICS W/DONNA 3:30 P.M. ARTHRITIS, BALANCE W/MARY-LEE	25 1:00 FIT FOR LIFE W/SILVIA	26 Afternoon Social 10:00 A.M. ZUMBA GOLD W/MARY LEE 11:30 A.M. CHAIR YOGA W/DIANE 2:00 P.M. ARTHRITIS, BALANCE W/MARY-LEE	27 10:00 A.M. CHAIR ZUMBA W/MARY LEE 11:30 YOGA & MEDITATION W/MARY ANN G. ** 2:00 P.M. COFFEE HR W/ALI	28 ** 10:00 A.M. FSB W/DONNA 11:00 A.M. DANCERCISE W/DONNA 12:15 P.M. ZUMBA GOLD SEATED W/MARY-LEE	29 
30 	31 Memorial Day Closed		** This class is being held on campus but will also be hosted on zoom...stay tuned.		CALL IF YOU HAVE ANY QUESTIONS!!	