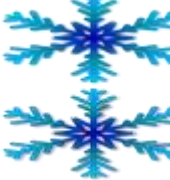
















JANUARY 2021 ZOOM CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		29 (DEC) 11:00 A.M. YOGA W/DONNA 1:00 FIT FOR LIFE W/SILVIA	30 (DEC) 10:00 A.M. ZUMBA GOLD W/MARY LEE 11:00 A.M. CHAIR YOGA W/DIANE 2:00 P.M. ARTHRITIS, BALANCE W/MARY LEE	31 (DEC) NYE! 10:00 A.M. CHAIR ZUMBA W/MARY LEE  11:30 GENTLE STRETCH W/MARY ANN G. 2:00 P.M. COFFEE HR/ALI	1 New Year's Day! 	2 
3 	4 10:00 A.M. JAZZERCISE & WEIGHTS W/DONNA 11:00 A.M. ZUMBA GOLD TONING W/MARY LEE 3:30 P.M. ARTHRITIS, BALANCE W/MARY LEE	5 11:00 A.M. YOGA W/DONNA 1:00 FIT FOR LIFE W/SILVIA	6 10:00 A.M. ZUMBA GOLD W/MARY LEE 11:00 A.M. CHAIR YOGA W/DIANE 2:00 P.M. ARTHRITIS, BALANCE W/MARY LEE	7 10:00 A.M. CHAIR ZUMBA W/MARY LEE 11:30 GENTLE STRETCH W/MARY ANN G. 2:00 P.M. COFFEE HR/ALI	8 11:00 A.M. AEROBICS 101 CHAIR & WEIGHTS W/DONNA 12:15 P.M. ZUMBA GOLD SEATED W/MARY LEE	9 
10 	11 10:00 A.M. JAZZERCISE & WEIGHTS W/DONNA 11:00 A.M. ZUMBA GOLD TONING W/MARY LEE 3:30 P.M. ARTHRITIS, BALANCE W/MARY LEE	12 11:00 A.M. YOGA W/DONNA 1:00 FIT FOR LIFE W/SILVIA	13 10:00 A.M. ZUMBA GOLD W/MARY LEE 11:00 A.M. CHAIR YOGA W/DIANE 2:00 P.M. ARTHRITIS, BALANCE W/MARY LEE	14 10:00 A.M. CHAIR ZUMBA W/MARY LEE 11:30 GENTLE STRETCH W/MARY ANN G. 2:00 P.M. COFFEE HR/ALI	15 11:00 A.M. AEROBICS 101 CHAIR & WEIGHTS W/DONNA 12:15 P.M. ZUMBA GOLD SEATED W/MARY LEE	16 
17 	18 Martin Luther King Jr. Day Town Hall Closed	19 11:00 A.M. YOGA W/DONNA 1:00 FIT FOR LIFE W/SILVIA	20 10:00 A.M. ZUMBA GOLD W/MARY LEE 11:00 A.M. CHAIR YOGA W/DIANE 2:00 P.M. ARTHRITIS, BALANCE W/MARY LEE	21 10:00 A.M. CHAIR ZUMBA W/MARY LEE 11:30 GENTLE STRETCH W/MARY ANN G. 2:00 P.M. COFFEE HR/ALI	22 11:00 A.M. AEROBICS 101 CHAIR & WEIGHTS W/DONNA 12:15 P.M. ZUMBA GOLD SEATED W/MARY LEE	23 
24 	25 10:00 A.M. JAZZERCISE & WEIGHTS W/DONNA 11:00 A.M. ZUMBA GOLD TONING W/MARY LEE 3:30 P.M. ARTHRITIS, BALANCE W/MARY LEE	26 11:00 A.M. YOGA W/DONNA 1:00 FIT FOR LIFE W/SILVIA	27 10:00 A.M. ZUMBA GOLD W/MARY LEE 11:00 A.M. CHAIR YOGA W/DIANE 2:00 P.M. ARTHRITIS, BALANCE W/MARY LEE	28 10:00 A.M. CHAIR ZUMBA W/MARY LEE 11:30 GENTLE STRETCH W/MARY ANN G. 2:00 P.M. COFFEE HR/ALI	29 11:00 A.M. AEROBICS 101 CHAIR & WEIGHTS W/DONNA 12:15 P.M. ZUMBA GOLD SEATED W/MARY LEE	30 
31 