

# OCTOBER 2020

## OUTDOOR PROGRAM CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> 11:00 A.M. LINE DANCING W/ HELENE <b>1:00 GENTLE STRETCH</b> w/MARYANN G.	<b>2</b> 11:00 A.M. AEROBICS-CHAIR & WEIGHTS W/DONNA <b>12:15 P.M. ZUMBA GOLD</b> SEATED W/ MARY LEE	
	<b>5</b> 9:30 A.M. <b>JAZZERCISE &amp;</b> <b>WEIGHTS W/DONNA</b>	<b>6</b> 9:30 WALKING CLUB	<b>7</b> 9:00 A.M. TAI CHI CHIH W/PAT  12:00 P.M. CHAIR YOGA W/DIANE	<b>8</b> 11:00 A.M. LINE DANCING W/ HELENE <b>1:00 GENTLE STRETCH</b> w/MARYANN G.	<b>9</b> 11:00 A.M. AEROBICS-CHAIR & WEIGHTS W/DONNA <b>12:15 P.M. ZUMBA GOLD</b> SEATED W/ MARY LEE	
	<b>12</b> 9:30 A.M. <b>JAZZERCISE &amp;</b> <b>WEIGHTS W/DONNA</b>	<b>13</b> 9:30 WALKING CLUB	<b>14</b> 9:00 A.M. TAI CHI CHIH W/PAT  12:00 P.M. CHAIR YOGA W/DIANE	<b>15</b> 11:00 A.M. LINE DANCING W/ HELENE <b>1:00 GENTLE STRETCH</b> w/MARYANN G.	<b>16</b> 11:00 A.M. AEROBICS-CHAIR & WEIGHTS W/DONNA <b>12:15 P.M. ZUMBA GOLD</b> SEATED W/ MARY LEE	
	<b>19</b> 9:30 A.M. <b>JAZZERCISE &amp;</b> <b>WEIGHTS W/DONNA</b>	<b>20</b> 9:30 WALKING CLUB	<b>21</b> 9:00 A.M. TAI CHI CHIH W/PAT  12:00 P.M. CHAIR YOGA W/DIANE	<b>22</b> 11:00 A.M. LINE DANCING W/ HELENE <b>1:00 GENTLE STRETCH</b> w/MARYANN G.	<b>23</b> 11:00 A.M. AEROBICS-CHAIR & WEIGHTS W/DONNA <b>12:15 P.M. ZUMBA GOLD</b> SEATED W/ MARY LEE	
	<b>26</b> 9:30 A.M. <b>JAZZERCISE &amp;</b> <b>WEIGHTS W/DONNA</b>	<b>27</b> 9:30 WALKING CLUB	<b>28</b> 9:00 A.M. TAI CHI CHIH W/PAT  12:00 P.M. CHAIR YOGA W/DIANE	<b>29</b> 11:00 A.M. LINE DANCING W/ HELENE <b>1:00 GENTLE STRETCH</b> w/MARYANN G.	<b>30</b> 11:00 A.M. AEROBICS-CHAIR & WEIGHTS W/DONNA <b>12:15 P.M. ZUMBA GOLD</b> SEATED W/MARY LEE	<b>31</b> Happy Halloween to you and your family! 