

# Join the MEVO Fresh Roots Farm CSA!



## Enjoy Fresh, Local Produce, Eggs & Honey

Support MEVO's environmental work and educational programs



### CSA

CSA stands for Community Supported Agriculture. Members of the community buy "shares" of the produce at the beginning of the season. In return, they receive a basket of fresh, diverse, produce weekly.



### Our Share

Vegetables, Herbs (some medicinal), Eggs (Bi-weekly), and Honey (Every 3rd week). We include 8-12 items per week depending upon the season.

### We are thrilled to be growing...

Garlic, Scallions, Leeks, Potatoes, Tomatoes (Cherry, Paste, Slicers), Ground Cherries, Cucumbers, Eggplant, Hot and Sweet Peppers, Kale, Kohlrabi, Bok Choy, Mustard Greens, Baby Lettuces, Arugula, Microgreens, Spinach, Summer and Winter Squash, Radishes, Carrots, Beets, and Herbs!



### Cost

\$800 full share



### Pick-up Day and Time

June 12 - Nov 6

**When:** Tuesdays from 3:30pm-6pm at the MEVO Fresh Roots Farm.

**Where:** Campgaw Mountain Reservation, 200 Campgaw Road, Mahwah, NJ, 07430.

There will be no pick up July 17th, August 28th, October 9th.



### Sign up by May 15th!

To purchase a share please send us the following to reserve your spot:

1. Check for full amount payable to MEVO.
2. **Contact information:** Name, Cell Phone, Home Phone, Email, and Home Address. If you are splitting the share, please include the contact information of each party.



### Send to:

MEVO  
1024 Ash Drive  
Mahwah, NJ 07430

**Want to know more about MEVO and the CSA program?  
Contact our Farm Manager – [isabel@mevoearth.org](mailto:isabel@mevoearth.org)**

[www.mevoearth.org/csa](http://www.mevoearth.org/csa)

## What Is MEVO?

MEVO or the Mahwah Environmental Volunteers Organization is an environmental not-for-profit organization based out of Mahwah, NJ, run entirely by young people. We depend largely on a dedicated team of interns and volunteers to accomplish sustainability projects in Northern New Jersey and Lower New York State including trail work, trash clean-ups, and beekeeping. We started an educational farm, the MEVO Fresh Roots Farm 3 years ago to educate people of all ages about where our food comes from and what it means to eat with sustainability at the forefront of our minds. Our CSA enables us to both fund and accomplish our mission of being the model for the creation of sustainable ecological solutions that educate and inspire people of all ages to take action for a better future.

## What is the purpose of a CSA?

The purpose of the CSA program is to ensure that local farms continue to exist by providing them with financial security in the beginning of the season. You, as a member, share the risks and rewards of the farm season. When there is a bumper crop, you will receive extra produce. When there is a weather calamity, the farm will not be forced out of business or into a deficit with the financial backing of the community. In return for the risk of paying up front for a share of produce, members receive high quality produce at its freshest, at a reasonable rate. By eating seasonally, members have access to best-tasting produce out there. If you decide to join, it is likely you will gain a deeper understanding of how much work goes into growing food and be able to connect more fully with food, cooking, your health, and the Earth.

## *Notes From the Farmer:*

- Honey is included every 3rd week, so you will receive at least 8 jars throughout the season.
- Every 6th week we will take off. This will allow you to clear out your fridge and it coincides with our internship trips and scheduled events.
- Eggs are received from Hazelman Farms in West Milford on a bi-weekly basis. Eggs of this quality cost about \$5-7/doz at the supermarket.
- You may add an extra Egg Share (add another dozen, bi-weekly) for an additional \$75.
- Produce types, quantities and qualities vary throughout the season.
- At certain times throughout the season, you may have more than you can eat. Please prepare to freeze, dry, or can some items for future use. Please do your best not to throw any of our items in the garbage, if something has gone bad...COMPOST IT! No compost at home? Bring it back to us when you pick up your share.

