

June

Mon

Tue

Wed

Thu

Fri

Instructors

Susanne Small
201-529-5757 x 213
ssmall@mahwahtwp.org
Rosalie Giudice
201-529-5757 x 277
rgiudice@mahwahtwp.org
Township Website:
www.mahwahtwp.org

Senior Club Meeting
COFFEE & BINGO
For membership call
Club President
Dorothy Mulhearn
at: 201-529-0214

NO
WEDNESDAY
YOGA
IN JUNE

I
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz
12:00 Knitting
1:00 Woodcarving

Monday:
PILATES
Gina Pano
Baumann
ZUMBA and Arthritis
Chair Yoga Class
Mary Lee Costello

4
9:00 Bethlehem Casino
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

5
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
12:30 Reiki Meditation
1:00 Woodcarving

6
10:00 ART GROUP
10:00 Chair Yoga
12:00 Body toning
12:30 Watercolor
12:30 Bridge

7
10:00 Current Events
Discussion Group
12:00 MOVIE DAY
The Greatest
Showman
Refreshments will be served

8
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz
12:00 Knitting
1:00 Woodcarving

Tuesday
Line Dancing
Helene Heschle
Aerobics
and Ballet
Donna Baccaro

Come and join
us for a fun
filled afternoon!
Put on your
dancing shoes

11
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

12
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
1:00 Woodcarving
1:15 Bloodpressure Clinic

13
10:00 ART GROUP
10:00 Chair Yoga
12:00 Body toning
12:30 Watercolor
12:30 Bridge

14
10:00 Current Events
Discussion Group
11:00 Memoir Writing
12:00
Senior Club Meeting
BINGO

15
Last day to sign up for lunch
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz
12:00 Knitting
1:00 Woodcarving

Wednesday:
Chair Yoga
Diane Davis
Yoga
Margrit Eddy
Bodytoning
Michelle Bufis

Thursday, June 21
@ 12:00
Lunch and Dance
Oldies Singer
Bob Beasley
Bop with the Beas

18
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

19
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
1:00 Woodcarving

20
10:00 Sr. Advisory Mtg
10:00 ART GROUP
10:00 Chair Yoga
12:00 Body toning
12:30 Watercolor
12:30 Bridge

21
10:00 Current Events
Discussion Group
12:00
Lunch and Dance
Oldies Singer Bob
Beasley
Bop with the Beas

22
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz
12:00 Knitting
1:00 Woodcarving

Thursday
Current Events
Discussion
Phil McLewin
Every 2nd and 4th
Senior Club Meeting



25
9:30 Bridge
10:00 Pilates
11:00 Zumba
12:15 Arthritis Class
12:30 Mahjong

26
9:30 Hyde Park and CIA
10:00 Pinochle
10:00 Line Dancing
11:00 Aerobics
12:00 Ballet
12:15 Canasta
1:00 Woodcarving

27
10:00 ART GROUP
10:00 Chair Yoga
12:00 Body toning
12:30 Watercolor
12:30 Bridge

28
10:00 Current Events
Discussion Group
11:00 Memoir Writing
12:00
Senior Club Meeting
BINGO

29
9:45 Zumba
10:00 Pinochle
11:00 Yoga
12:00 Jazz
12:00 Knitting
1:00 Woodcarving

Friday:
Zumba
Shelley Capener
Yoga
MaryAnn Gebhardt
Jazz
Donna Baccaro